At the International Office, we are looking forward to one particular week, and that week is International Education Week! We are excited to share with all of you the diverse culture that our international students bring to our campus through a series of events lined up. To find out more about International Education Week and event information, please visit our website@ https://tinyurl.com/ociew.

**Event Schedule**

**Language Sharing Japan**
By Mizuki Fuji & Mayu Onitsuka  
Mon, Nov 16 at 5:30 pm (pst)

**Cultural Presentation Colombia**
By Laura Anchique Rojas  
Tue, Nov 17 at 11 am (pst)

**Philippines**
By Raphael Liwanag  
Wed, Nov 18 at 2 pm (pst)

**Nigeria**
By Darlington Onyema  
Thu, Nov 19 at 12 pm (pst)

**Taste of Asia Vietnam**
By Quan Phan  
Thu, Nov 19 at 5 pm (pst)

**Study Abroad Fair**
By WCCCSA  
Fri, Nov 20 at 12:00 pm (pst)

Berlin, London, Costa Rica, Japan, & Australia/New Zealand

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**IN THIS ISSUE**
- International Education Week
- Important Dates
- Staying Active during Social Distance Life
- Introducing an OC alumnus
- Happy Birthday

**IMPORTANT DATES**
- Nov 16 - Last day to add/drop a Continuous Enrollment class
- Nov 16 - 19 - International Education Week
- Nov 23 - New student winter quarter registration begins
- Nov 25 - Non-student day. No day or evening classes
- Nov 25 - Last day to change a variable credit class
- Nov 26-27 - Thanksgiving holiday

Please contact the Office of International Education & Study Abroad at international@olympic.edu for corrections in your mailing address, e-mail and phone number.
**Staying Active during Social Distance Life**

I do not have many opportunities to go see my friends during social-distancing life. But I go for jogging outside. I sometimes dance for fun. They are good exercise. I participate as many campus activities as I can on Zoom not to feel lonely. One of my hobbies is baking sweets, like cheese cakes, cookies and so on. I recently cooked Japanese meals for my host family. These are fun things when I stay home. Sleeping and taking a break are the most important to reduce my stress. Stay safe and healthy!

I spend more time talking and playing with my host sisters, joining my host family's activities, and cooking Asian meals. I bought some art stuffs and do some painting and projects. I practice piano a lot and have begun to learn guitar. I think the pandemic is a good opportunity to explore and develop my hobbies, and even improve the relationships with my host family. It just limits me to meet friends and people, however, I made some good friends during this quarantine period. I enjoy the time staying at home!

I talk with people a lot more than before. I've been texting and talking on the phone with my friends and family. I sometimes meet with my friend while taking social distance. We still need to connect with people. And I enjoy doing arts and crafts, or going fishing with my friend. My advice is to try to talk to everyone (with social distancing or virtually), and try not to be isolated. Write down the best thing about each day, eat enough food, exercise, and sleep enough.

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**INTRODUCING AN OC ALUMNUS**

Hi! My name is Umas, and I am an OC alumnus from Taiwan. After graduating from OC (in March), I was going to travel around the U.S., and transfer to a 4 year university. However, due to the pandemic, I postponed or canceled all of my plans. Since Taiwan has been doing a great job in preventing the coronavirus, I am able to finish everything that I want to do. For example, I have worked as a student teacher at high school where I graduated from, and have traveled around Taiwan. I have also finished my mandatory military enlistment.

I understand that many of people are still suffering from this situation. I also understand that this disease is tearing us apart and making us depressed. However, we can still do something to stay motivated. Here are some advice to share with current OC students. 1. Hang out with your friends virtually. 2. Acquire or improve skills to prepare for life after isolation, which means keep learning more. 3. Set a small goal that you can achieve daily. Those are something I did during my self-quarantine. I hope my advice can provide some help. Together, we can go through this pandemic.

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**IMPORTANT**

Winter quarter registration has begun! Make an appointment with Shannon via [https://calendly.com/sbell-31](https://calendly.com/sbell-31) to get registered early.

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**HAPPY BIRTHDAY**

Yi-An (Taiwan)  
Munghoon (S.Korea)  
Minh Anh (Vietnam)  
Tsung Chen (Taiwan)  
Kyuta (Japan)